

LOOK WHO'S HARVESTING THIS MONTH



SUMMER LOVE

The South Australian season is our busiest and best time with many of our locally grown, fresh produce lines coming into the peak of their season. Summer is a great time to enquire about fresh produce lines available now and in the coming months.

WITH THE WARMER WEATHER STARTING SO TOO IS PLENTY OF LOCALLY GROWN FRESH PRODUCE

SEE WHAT'S IN SEASON NOW



Summer What's in Season

December through to February is when South Australian produce is in abundance. This is stonefruit season with mangoes, nectarines, peaches, plums and cherries all in season.

Punnets of plump and juicy strawberries are also available along with Honeydew, Rockmelon and Watermelon and an abundance of fresh vegetables and salads, these being at their absolute best throughout the summer months.

Early Summer

Asparagus
Beetroot
Brown Onions
Capsicum
Carrots
Cos Lettuce
Garlic
Leeks
Lettuce Varieties
Parsnip
Potato
Radish
Rocket
Silverbeet
Snow Peas

Spring Onions
Squash
Sugar Snap Peas
Radish

Apricots
Avocado (Hass)
Berries: Strawberries,
Blackberries, Blueberries
Cherries
Chilies
Cucumber
Eggplant
Mango
Melons: Honeydew

Melons: Rockmelon
Melons: Watermelon
Peaches,
Yellow & White
Papaya
Passionfruit
Pineapple
Plum
Rhubarb
Strawberries
Tomatoes
Zucchini

Late Summer

Asparagus
Beetroot
Brown Onions
Capsicum
Carrots
Cos Lettuce
Garlic
Leeks
Lettuce Varieties
Parsnip
Potato
Radish
Rocket
Silverbeet

Snow Peas
Spring Onions
Squash
Sugar Snap Peas

Apricots
Avocado (Shepard)
Berries: Strawberries,
Blackberries, Blueberries
Chilies
Eggplant
Figs
Grapes
Mangoes

Melons: Honeydew
Melons: Rockmelon
Melons: Watermelon
Nectarines
Oranges (Valencia)
Papaya
Passionfruit
Peaches,
Yellow & White
Pineapple
Plums
Radish
Tomatoes
Zucchini